

# Guide to Gardening

18<sup>th</sup> October 2023

## Objective

To teach sound students gardening skills to students.

## Description

Plants aren't only a biotic element, they are crucial to us in a versatile order. Plants are direct source of food to herbivores and omnivores and indirect source to carnivores, plants serves as primary elements in Ayurvedic pharmacology, in our Indian traditional practices plants are considered as Devine elements and are prayed and involved in holy rituals, other than these things plants serves as an important element in maintaining our environment in terms of participating in gaseous exchange, plants produce oxygen and absorbs carbon dioxide from the atmosphere and maintain the gaseous balance of the environment which is necessary for the animals to survive. Other than all these plants are serving as the basis of scenic beauty. To promote afforestation our government is continuously taking initiatives like "Go Green", "Green Delhi Clean Delhi" Campaign, "Vanmahotsav" events, Plantation Drives etc. and influenced by these campaign people are actively participating in tree plantation, in order to attain these most of us are buying saplings from the nursery and growing them up in our balconies and terraces but their maintenance is not an easy job, carrying a healthy plant. To provide the to our students insight over this, Banarsidas Chandiwala Institute of Physiotherapy, New Delhi organised a guide to Gardening session in which they interacted with professional gardeners and Lear skills to brought up a healthy plant.

