

CBR Field Visit

24th April 2023

Community Based Rehabilitation (CBR) is a community development strategy that aims at enhancing the lives of persons with disabilities (PWDs) within their community. It was initiated by World Health Organization following the Declaration of Alma-Ata in 1978 in an effort to enhance the quality of life for people with disabilities and their families; meet their basic needs; and ensure their inclusion and participation. To be concise Community Based Rehabilitation (CBR) refers to providing rehabilitation services to the specially abled individuals are community level. For a rehabilitation therapist it is of prime importance to understand the needs of specially abled individuals and to appreciate the possible strategies available to cater their needs. To generate the same thought in our young professional minds, on 24th April 2023, Banarsidas Chandiwala Institute of Physiotherapy organised a field visit to Blind Relief Association, New Delhi. All final year students of the institute were made to attend a single day field visit with the organizing faculty Dr. Prithvi Parasher, serving as an assistant professor in the institute. In the visit the students evidenced real life setup of a rehabilitation school of visually disabled individuals. They initially met those specially abled children's and communicated with them to understand their thought towards society, needs of life; after that they were taken to the vocation workshop of the association, the place were the students learn various vocational activities like fabric designing, stitching, candle making, relaxing massage etc. After that they evidenced their special class rooms, special labs with audiobooks and advanced audiogadgets. Last but not the least the students appreciated the medical facilities available at their set up and realised their other professional needs. At the end of the session, the medical social worker of the association gave seminar to the students and interacted with them for future addressal of rehabilitation needs of the special individuals.

