

Banarsidas Chandiwala Institute of Physiotherapy

Event Report Title: Awareness Session against Alcohol Consumption

Date: 08th January 2024

General

An Awareness Seminar was organised at Banarsidas Chandiwala Institute of Physiotherapy on Monday, 8th January 2024.

Objective

The primary objective of the awareness session was to increase awareness about the harmful effects of alcoholism and ways to prevent someone from becoming an Alcoholic.

Date of event: 8th Jan 2024

Location of event: Room No. 501

About the Speaker: Professionals from Alcoholic Anonymous (We cannot mention the names as the speaker requested us to make this anonymous)

Total Students who attended the program : 60 (BPT 2nd & 3rd year)

Total Faculty who attended the program : 04

Content of the Session:

Banarsidas Chandiwala Institute of Physiotherapy organized an event on 8th Jan 2024. This event was especially for the second year and third year student of bachelor of physiotherapy, and the main aim to organize this event was to the future guidance to all about alcoholism and its devastating effects on families, person suffering and the society at large.

The event was started by an introduction of the speaker by persons who have overcome alcoholism. The speaker was interactive with every student, and everyone was very attentive. He started the session by giving a brief introduction about Alcoholic Anonymous and alcoholism in an interactive and thoughtful way, and one student also shared views about the situations during alcoholism. After that, the speakers have shared information and social ethics about dealing with such people who are suffering from this syndrome and how to identify such people and also to give adequate support to them and their families. Further, the speakers also shared their mobile app for the same. They have also told students some key features of alcoholic syndromes, which is essential for us as humans and medical professionals. They gave examples of from life and a new perspective on how the organization helps rehabilitate. It also encourages you to live life to the fullest without alcoholism. The event was informative and



