Faculty Publication (2023-2024)

S. No.	Name of the Research	Name of the Journal	Indexing (if UGC, Specify UGC I or UGC II)
Dr. C S Ram	Comparing the Efficacy of Direct and Indirect Myofascial Release in Treatment of Mechanical Low Back Pain due to Hamstring Tightness in Professional adults: A Pilot Study	Afr. J. Bio. Sc.	Scopus
	Normative values of neck muscle strength in adult population of Delhi NCR region	International Journal of Research in Medical Sciences	Pubmed Indexed
	Smartphone Strain: Investigating the effects on handgrip and Key pinch strength in Collegiate Individuals	Journal for reattach therapy and Development diversities	Scopus
Dr. Avi Choudhary	Current Understanding of Multiple Sclerosis	Global Journal for Research Analysis	Pubmed Indexed
	The Influence of Menstrual and Ovulatory Phase on Static Balance: Unraveling the Effect on Stability	Bull. Env. Pharmacol. Life Sci.,	Web of Science
	Psychological Status and Balance among Pregnant Women: A Comparison between Natural Pregnancy and in Vitro Fertilization- Short Communication	GAS Journal of Clinical Medicine and Medical Research (GASJCMMR	Peer Reviewed
Or. Jyoti Kataria	Balance and Kinesiophobia in Knee Osteoarthritis. Conventional Treatment Vs Total Knee Replacement	Journal of Chemical Health Risks	SCOPUS

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	Current Perspectives on Proton Therapy: Techniques Shaping the Future of Cancer Treatment	Journal of Clinical and Diagnostic Research	Web of Science
	Effectiveness of Maitland Mobilization Technique in the Treatment of Adhesive Capsulitis: Systematic Review	Indian journal of Physiotherapy and rehabilitation science	Peer Reviewed journal
	A study on the Reliability of Physical Examination Techniques for Diagnosing Hip Disorders: A Systematic Review	Indian journal of Physiotherapy and rehabilitation science	Peer Reviewed journal
	Efficacy of Aerobic & Resistance Exercises on Type-II Diabetes Mellitus Patients – A Systematic Review	Indian journal of Physiotherapy and rehabilitation science	Peer Reviewed journal
Dr. Mohd Asif	Evaluate The Relationship Between the Caregiver Burden Scale of Care Provided to Children with Cerebral Palsy	Educational Administration: Theory and Practice	Scopus
	Eating Attitude among Gym-Goers and Non-Gym Goers in Delhi- A cross sectional Survey Study	International Journal of Multidisciplinary Educational Research (IJMER)	Peer Reviewed
Dr. Himani Kaushik	Correlation between Interlimb Coordination with Dynamic Balance and Cognition among Geriatric Population of South Delhi	Indian Journal of Physical Therapy and Research	UGCI
	Impact of Physical Inactivity Following the COVID-19 Pandemic on the Overall Quality of Life among Cancer Patients	Journal of Clinical and Diagnostic Research	UGC II

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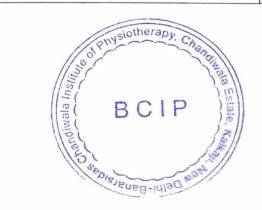
Dr. Chanchal Jain	Balance &Kinesiophobia in knee osteoarthritis: Conventional	Journal of chemical Health risks	Scopus
	Treatment vs Total Knee Replacement		
	Efficacy of neural mobilization and Maitland accessory mobilization in patients with tennis elbow- randomized controlled trial	J. Bodywork &Movt. Th	Scopus
Dr. Prithvi	Effect of an Integrated Physiotherapy Protocol on Knee		
Parasher	Osteoarthritis Patients: A preliminary Study		
		Healthcare MDPI	Scopus
	Hip Muscles Strengthening versus Ankle muscles strengthening on		
	Balance, Strength and Quality of Life among Geriatric Population: A		12 80 80
	Comparative Study	BEPLS	Web of Science
Or. Purnima	Effect of strengthening exercise on pain, range of motion, muscle	Journal of emerging technologies &	
(ushwaha	strength & functional abilities of a frozen shoulder patient: a	innovative research	
, asimum	systematic review		UGC
	Effect of High intensity interval training & Strength training on	International journal of Research	
	Amenorrhea, obesity and mood in women with polycystic ovary	and analytical reviews (IJRAR)	
	syndrome		UGC
1	A Comparison of Post Covid and non covid individuals for	European Chemical Bulletin	
	cardiopulmonary fitness		Scopus





Conference Proceedings

S. No.	Name of the Faculty	Topic of Research Paper	Conference	Indexing
1	Dr. Mohd Asif	Effective Physiotherapy Interventions For Treating Biceps Tendinitis	BCIPCON-2K24	978-81-954202-4-7
2	Dr. C S Ram , Dr. Avi Choudhary, Dr. Himani Kaushik	Artificial Intelligence and Physiotherapy: Evolving Trend in Health Care Sector	International Conference on Innovative Computing and Communication	
	Dr. Avi Choudhary	Role of physiotherapy in Functional movement Disorders	BCIPCON-2K24	978-81-954202-4-7
3	Post-operative Rehabilitation following Osteochondritis Dissecans: A Single Case Study	Post-operative Rehabilitation following Osteochondritis Dissecans: A Single Case Study	3 rd BRICSCESS	Scopus





Book Chapter

Name of the Faculty	Name of the Chapter	Name of the Book	Indexing
Dr. Mohd Asif	Advances in Gait Rehab (A Book Chapter)	Integrated approaches in physiotherapy: linking innovation and tradition	1 st Edition, 978-93-5842-512-3
Dr. Prithvi Parasher	Conservative and Non-Conservative management of Lumbar Spinal Stenosis	Recent Advances in Physiotherapy (Edited Book Volume)	ISSN , 978-93-90229-87-1
Dr. Prithvi Parasher	Correlation of knee pain with anxiety and depression in middle-aged knee osteoarthritis patients	Futuristic Trends in Medical Sciences	ISSN 978-93-6252-675-5
	Dr. Mohd Asif Dr. Prithvi Parasher	Dr. Mohd Asif Advances in Gait Rehab (A Book Chapter) Dr. Prithvi Parasher Conservative and Non-Conservative management of Lumbar Spinal Stenosis Dr. Prithvi Parasher Correlation of knee pain with anxiety and depression in middle-aged knee osteoarthritis	Dr. Mohd Asif Advances in Gait Rehab (A Book Chapter) Integrated approaches in physiotherapy: linking innovation and tradition Dr. Prithvi Parasher Conservative and Non-Conservative management of Lumbar Spinal Stenosis Correlation of knee pain with anxiety and depression in middle-aged knee osteoarthritis Futuristic Trends in Medical Sciences





Book

S. No.	Name of the Faculty	Name of the Book	Publisher
1	Dr. Avi Choudhary,		INARA Publishers
	Dr. Mohd Asif	Practical Workbook of Electrotherapy	
2	Dr. Avi Choudhary	Exercise Therapy Workbook	INARA Publishers
3	Dr. Purnima Kushwaha	Role of Physiotherapy in Covid-19 Pandemic	ELIVA PRESS



