

. WORKSHOP ON ‘RECENT ADVANCEMENTS IN ON-FIELD SPORTS INJURY MANAGEMENT’

A workshop on “SPORTS INJURIES MANAGEMENT ON FIELD’ was organized in the Institute on 10th to 15th June 2019, as a value added program for all the students of BPT 4th year.

This 5 days workshop was first of its kind organized by the institute in which Dr Davinder kumar Gaur (PT), Assistant Professor; Dr Mohd. Asif (PT), Assistant Professor and Dr Jatin Maheshwari, Lecturer Red Cross society, Delhi conducted various sessions on Athletic Injury Management, Emergency in sports, Sports injuries Taping, Elastic Resistance Band Exercises & Injury prevention and return to sports on different days.

Students were provided hands on practical demonstrations by the faculty in response to acute on field trauma or injury, transportation, CPR or cardiac massage, Theraband resistance training exercises, athletic injury taping technique, principles and on field evaluation tests. The last day of the workshop was designed to provide outcome of learning in the event and both written as well as practical assessment of all 25 participants were performed.

Towards the end of session students were delighted to learn about this topics and enthusiasm among them was top notch with suggestions to organize more number of such workshops in campus.

