



March-April 2024

BCIP TODAY

Journey of Healing

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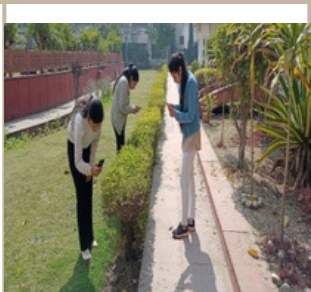

ABOUT US

Banarsidas Chandiwala Institute of Physiotherapy (BCIP) was established in 2003 to run Physiotherapy Courses. The Institute is running four & half – Year Bachelor of physiotherapy programme (BPT) since 2003- and two-year Master of Physiotherapy (MPT) since 2009. The Institute is affiliated to Guru Gobind Singh Indraprastha University, Delhi; and is approved by the Delhi Council of Physiotherapy and Occupational Therapy (DCPTOT). The Institute is established under the aegis of Shri Banarsidas Chandiwala Sewa Smarak Trust Society, a charitable society working in the field of health and education since 1952. The faculty and the students – share the vision and mission of the Institute and are active partners in its implementation. The faculty members always focus towards the development of the students into top class healthcare professionals. The tests which form the part of internal assessment are conducted on regular basis. The students are encouraged to participate in debates, quiz, competition, sports & cultural programmes.


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2.	12-2-2024	Green Audit	Banarsidas Chandiwala Institute of Physiotherapy New Delhi, organised Green Audit to assess the status of flora and fauna within the campus.	Offline	
3.	13-2-2024	Excursion Tour: Field Visit SRCM Heartfulness Meditation Centre	Banarsidas Chandiwala Institute of Physiotherapy New Delhi organised the excursion trip to revitalize the students in a way to make it meaningful to nature.	Offline	

4.	16-2-2024	Identification of flora within Chandiwala Estate	Banarsidas Chandiwala Institute of Physiotherapy New Delhi, organised the identification of flora within the Chandiwala Estate to determine the flora present within the campus.	Offline	
5.	17-2-2024	Cleanliness Drive	Banarsidas Chandiwala Institute of Physiotherapy New Delhi, organised the Cleanliness Drive to maintain hygiene within the campus.	Offline	

CLINICAL CLUB ACTIVITIES

S. NO.	DATE	EVENT	DETAIL	PLATFORM	PICTURE
1	7.2.2024	Workshop	A Report on workshop on 'Component level demonstration of electrotherapy equipment'	All Social Media Platform	 <p>New Delhi, Delhi, India SARASWATI CHANDANLA INSTITUTE OF PHYSIOTHERAPY SARASWATI CHANDANLA, Street Haji, Delhi Industrial Estate, New Delhi, Delhi 110025, India Lat: 28.6427°N Long: 77.0401°E Resolution: 01.01 PM GMT +05:30</p>

PLACEMENT CLUB ACTIVITIES

S. NO.	DATE	EVENT	DETAIL	PLATFORM	PICTURE
1.	18-2-2024	Video on Grooming Skills	Video	Social Platforms	 <p>BANARSIDAS CHANDIWALA INSTITUTE OF PHYSIOTHERAPY MAA ANANDMAI MARG, KALKAJI-110019</p> <p>PERSONAL GROOMING</p>
2.	1st Week of February 2024	Recruitment Drive with PS: Off-Campus Placement Drive with Planet Spark	Recruitment Drive	Meet	
3.	22/2/2024	Blood Donation Drive In association with the Red Ribbon Club	Blood Donation Drive	SBCSSTS Area	 <p>BANARSIDAS CHANDIWALA INSTITUTE OF PHYSIOTHERAPY AFFILIATED TO GGSIPU MAA ANANDMAI MARG, KALKAJI, NEW DELHI - 110019</p> <p>ORGANISING BLOOD DONATION DRIVE IN ASSOCIATION WITH RED RIBBON CLUB</p> <p>Supported By Delhi State AIDS Control Society Govt of NCT of Delhi HIV/AIDS Helpline - 1097</p> <p>22 FEBRUARY, 2024 BCIT CAMPUS, 9:30AM - 3:30PM</p> <p>Event Coordinator Dr. Avi Choudhary +91 971763533 www.bcip.ac.in</p>


CULTURAL CLUB ACTIVITIES

S.NO	DATE	EVENT	DETAIL	PLATFORM	PICTURE
1	21-2- 2024	World Mother Language Day celebration	Banarsidas Chandiwala Institute of Physiotherapy organized social media campaign	Offline	
2	29- 2- 2024	Rare disease Day	Banarsidas Chandiwala Institute of Physiotherapy	Online	

SPORTS CLUB ACTIVITIES

S.NO	DATE	EVENT	DETAIL	PLATFORM	PICTURE
1.	28/29 Feb 2024	Seminar on Sports Psychology	An inter batch badminton competition was organized at BCIP on Wednesday-Thursday, 28th-29th February 2024.	Facebook, Instagram, LinkedIn	
2.	28 Feb 2024	Video on OCK V\ S CKC EXERISE	OCK &CKC are different form of exercises which are used in different aspect and to aware, students of the sports club created video about OKC v\ s CKC exercises.	Facebook, Instagram, LinkedIn	

ALUMNI CLUB ACTIVITY

S.no	Date	Event	Detail	Platform	Photos
1.	17-2-2024	E-Poster On Heart Failure Awareness	Students of Banarsidas Chandiwala Institute of Physiotherapy created an awareness E-Poster on Heart Failure. E-Poster was created by the students of Alumni club in which they explained the various prevention ways of Heart Failure.	Facebook, Instagram, LinkedIn	



ECO CLUB



New Delhi, Delhi, India
Banarsidas Chandiwala Institute of Physiotherapy, Maa Anandmal Marg,
Kalkaji, New Delhi 110019
Lat 28.541545°
Long 77.262934°
30/06/23 04:08 PM GMT +05:30



New Delhi, Delhi, India
INSTITUTE OF INFORMATION TECHNOLOGY, BANARSIDAS CHANDIWALA INSTITUTE-1
BANARSIDAS CHANDIWALA, Shyam Nagar, Okhla Industrial Estate, New Delhi, Delhi 110020, India
Lat 28.544232°
Long 77.266157°
16/02/24 11:43 AM GMT +05:30



New Delhi, Delhi, India
INSTITUTE OF PHYSIOTHERAPY, BANARSIDAS CHANDIWALA INSTITUTE-1
BANARSIDAS CHANDIWALA, Shyam Nagar, Okhla Industrial Estate, New Delhi,
Delhi 110020, India
Lat 28.544643°
Long 77.26703°
15/07/23 11:32 AM GMT +05:30

Cleanliness Audit

Date: 12th February 2024

General

Cleanliness is crucial level that reflects the ability to keep ourselves and our surroundings clean. As a responsible citizen, it's our prime moral duty to maintain cleanliness and avoid precipitation of several diseases including infectious diseases, occupational diseases etc. It's the duty of each and every social organization to look after the cleanliness status of their organization.

Objective

To assess the cleanliness status of BCIP Campus and to plan the Cleanliness Drive targeting the areas of concern.

Participants

Total Students who participated in the program:20(BPT 4th, 3rd and 2nd year students)

Total Faculty participated in the program: 13 faculty Members and 7 non faculty staff members of BCIP

Program Coordinator: Dr.Prithvi Parasher, In-Charge Eco-Club.

Activity Description

- Cleanliness is both the state of being clean and free from germs, dirt, trash, or waste, and the habit of achieving and maintaining that state. Cleanliness is often achieved through cleaning.
- Culturally, cleanliness is usually a good quality, as indicated by the aphorism: "Cleanliness is next to Godliness",and may be regarded as contributing to other ideals such as health and beauty.
- To assess the application of the same, students of Banarsidas Chandiwala Institute of Physiotherapy, New Delhi, conducted Cleanliness Audit within the campus to evaluate the status of hygiene.
- The students were administered with the cleanliness audit performa to conduct the audit effectively.
- Each and every department was audited by the selected number of students and inference was documented.

Outcome

•The findings and suggestions of the audit was considered and cleanliness drive was organised.

Conclusion

- Students creatively learn the need to maintain cleanliness and they also learnt the process of audit conduction.
- The hygiene status of the institute was evaluated and the focal sports were determined.

BANARSIDAS CHANDIWALA INSTITUTE OF **PHYSIOTHERAPY GREEN AUDIT WITHIN THE** **BCIP CAMPUS**

12TH FEBRUARY 2024

General

Plants and greenery can transform your living space, improving air quality, adding visual appeal, and creating a soothing atmosphere. Incorporating plants and greenery is a way to connect with nature for those living in urban areas. It is a responsibility of each and every citizen to conserve the nature and adopt sustainable development. Green audit is a qualitative assessment procedure conducted by an organization, to assess the status of greenery and its associated parameters.

Objective

To assess the status of greenery within the BCIP Campus.

Participants

Total Students who participated in the program: 20 (BPT 4th, 3rd and 2nd year students)

Total Faculty participated in the program: 13 faculty Members and 7 non faculty staff members of BCIP

Program Coordinator: Dr.Prithvi Parasher, InCharge Eco-Club.

Activity Description

- Concrete jungles, tall buildings, and a lack of green spaces often characterize urban environments. However, incorporating nature into urban settings is aesthetically pleasing and vital for our well-being.
- To ensure the up to the mark status of flora and fauna with in our area, Institutional Eco-Club of Banarsidas Chandiwala Institute of Physiotherapy organizes the Green Audit, as a regular practice.
- Students were administered with the green audit Performa and was detailed regarding conducting the green audit.
- Students comprehend the Performa and visited the garden and green areas associated with BCIP campus Students

Outcome

Findings of the green audit was reviewed and plantation drive was planned accordingly.

Conclusion

- Students creatively comprehend the status of greenery within the BCIP campus and planned plantation drive to meet the lacunae

BANARSIDASCHANDIWALA INSTITUTE OF **PHYSIOTHERAPY EXCURSION TOUR: FIELD** **VISIT TO SRCM HEARTFULNESS MEDITATION** **CENTRE**

General

13TH FEBRUARY 2024

Curriculum is a tool in hands of artist to mould it's material into desired shape and size. The statement given by a famous educationist clearly represents how the teacher mould his or her students as per the desired aims and objectives of the respective curriculum. The students follow the set program of an institution to fulfil the administered curriculum to get awarded with the degree. Now a days it is under great focus that excursion activities should be practiced in order to break the monotony in students daily schedule. In urban lifestyle among the concrete jungles we are quite very far from the nature, most of the urban areas contain not a single trace of greenery, even with the availability of the wet land available, the land was kept barren and used to dump waste. Institutional Eco Club of Banarsidas Chandiwala Institute of Physiotherapy, decided to arrange a excursion trip to some point where the students submerged in nature and learn something extracurricular but of utilitarian value.

Objective

To break the monotony in students daily life and to provide them some utilitarian value based experience related to ecosystem.

Participants

Total Students who participated in the program: 37 (BPT 4th year students)

Total Faculty participated in the program: 13 faculty Members

Program Coordinator: Dr.PrithviParasher, InCharge Eco-Club.

Activity Description

- In order to break the monotony in students daily life schedule, Banarsidas Chandiwala Institute of Physiotherapy organised a one day excursion trip to SRCM Heartfulness Meditation Centre, Gurugram.
- The centre is a beautiful landscape surrounded by green fields on the North and West. It is situated on the border of Gurgaon and Delhi amidst 6.5 acres of land.
- Heartfulness meditation centre started getting established and a labour of love transformed the land area from barren burnt baked earth strength with stones and broken bricks to beautifully maintained garden and bountiful fields.
- Ornamental plants Like varieties of Crotons, Coleus, Money Plant, Hanging Baskets Seasonal Blooms Like Pansies, Petunias, Dahlias, Cosmos and Medicinal Plants like Aloe Vera, Tulsi, lemongrass etc. and regular cultivation of seasonal vegetables is carried out and the same are available for Wellness of seekers.
- The students visited the destination, appreciated the beauty and submerged deeply in detoxifying nature.
- The destination also offered tasty meals and cleansing meditation that revitalized the students.

Outcome

- Students enjoyed a lot and reenergized themselves, they enjoyed several outdoor games.
- Students learn way to convert wet land as well as barren uncultivable land into forest patches.
- Students practiced meditation and cleanse out their soul.

Conclusion

·The trip was reenergizing, detoxifying, revitalizing for the students. The students learnt several things to contribute to the ecosystem. The trip was highly enjoyed by all students and staff.

BANARSIDAS CHANDIWALA INSTITUTE OF PHYSIOTHERAPY IDENTIFICATION OF FLORA WITHIN THE CHANDIWALA ESTATE

16TH FEBRUARY 2024

General

Concrete jungles, tall buildings, and a lack of green spaces often characterize urban environments. However, incorporating nature into urban settings is aesthetically pleasing and vital for our well-being. We can improve the quality of life, promote mental and physical fitness, and create a more sustainable and harmonious urban landscape by finding creative ways to bring nature to urban environments.

Objective

To identify the population of flora present within the Chandiwala Estate, Kalkaji, New Delhi.

Participants

Total Students who participated in the program: 35 (BPT 4th, 3rd and 2nd year students)

Total Faculty participated in the program: 13 faculty Members

Program Coordinator: Dr.Prithvi Parasher, InCharge Eco-Club.

Activity Description

- Plants and greenery can transform your living space, improving air quality, adding visual appeal, and creating a soothing atmosphere.
- Incorporating plants and greenery is a way to connect with nature for those living in urban areas. It is a responsibility of each and every citizen to conserve the nature and adopt sustainable development.
- To generate the sensitivity about the topic of interest in our young minds, institutional Eco Club of Banarsidas Chandiwala Institute of Physiotherapy, organised the identification of flora within all the gardens and green areas of Chandiwala Estate.
- Students and faculty members with the help of Google Lens identified the plant species and comprehend general information, human utility of those species.

Outcome

- Students learnt about the type and quantity of plants inhabiting the Chandiwala Estate.
- Students creatively got introduced with the morphological features of plant species present in Chandiwala Estate.
- Students learn various medicinal values associated with the commonly available plant species.

Conclusion

- Students creatively got introduced with the population and morphological features of plant species present in Chandiwala Estate.
- Plantation Drive was planned to meet the lacunae.

BANARSIDAS CHANDIWALA INSTITUTE OF **PHYSIOTHERAPY CLEANLINESS DRIVE** **WITHIN THE BCIP CAMPUS**

17TH FEBRUARY 2024

General

Cleanliness is crucial level that reflects the ability to keep ourselves and our surroundings clean. As a responsible citizen, it's our prime moral duty to maintain cleanliness and avoid precipitation of several diseases including infectious diseases, occupational diseases etc. It's the duty of each and every social organization to look after the cleanliness status of their organization

Objective

To motivate students and staff to maintain cleanliness in and around their surroundings.

Participants

Total Students who participated in the program: 20(BPT 4th, 3rd and 2nd year students)

Total Faculty participated in the program: 13 faculty Members and 7 non faculty staff members of BCIP

Program Coordinator: Dr.Prithvi Parasher, InCharge Eco-Club.

Activity Description

- Cleanliness is both the state of being clean and free from germs, dirt, trash, or waste, and the habit of achieving and maintaining that state. Cleanliness is often achieved through cleaning.
- Culturally, cleanliness is usually a good quality, as indicated by the aphorism: "Cleanliness is next to Godliness", and may be regarded as contributing to other ideals such as health and beauty.
- To practice the same, students of Banarsidas Chandiwala Institute of Physiotherapy, New Delhi, conducted Cleanliness Drive within the campus to maintain hygiene within our surroundings.
- The students and staff consulted the focal spots determined through cleanliness audit and help clean out the areas of concern.
- All the classes, corridors, balconies, office, faculty rooms, pantry, washrooms, labs and OPD were cleaned.

Outcome

- All the areas of concern were cleaned and the cleaning staff was guided to maintain the cleanliness.

Conclusion

- Awareness regarding cleanliness was created among students and staff.



CLINICAL CLUB



WORKSHOP ON 'COMPONENT LEVEL DEMONSTRATION OF ELECTROTHERAPY EQUIPMENT

7TH FEBRUARY 2024

General

The workshop was organised at Banarsidas Chandiwala Institute of Physiotherapy on 7th February 2024. A poster mentioning details of workshop was shared on social media platforms of BCIP. The primary objective of workshop on electrotherapy equipment demonstration is to acquire, skill development, and ensuring that healthcare professionals are well-equipped to provide effective and safe treatments to their patients.

Objective

To motivate students and staff to maintain cleanliness in and around their surroundings.

About the Speaker: Mr. Vimal from HMS Medical equipment's.

Topic of guest lecture: Component level demonstration of electrotherapy equipment

Attendees

Total Students who attended the program : BPT 2nd year students

Total Faculty who attended the program : 02

Lecture content

- Resource person of the workshop provided insight on operation and functioning of electrotherapy equipment. Organizing a workshop on electrotherapy equipment demonstration can be highly beneficial for various professionals in the healthcare field, including physiotherapists, rehabilitation specialists, and other medical practitioners.
- Workshops provide a practical and hands-on learning experience, allowing participants to gain first-hand experience with electrotherapy equipment.
- Participants explored the features and functionalities of different devices, enhancing their understanding of how to use them effectively.

Outcome

- Participants developed and refined their skills in operating electrotherapy equipment, ensuring they can apply these techniques confidently in their clinical practice.
- Learning the proper techniques and settings can lead to improved patient outcomes and more effective treatment plans.
- Electrotherapy equipment has various applications in pain management, muscle rehabilitation, and physical therapy.

Conclusion

A workshop can help participants understand the diverse applications and tailor treatments to specific patient needs.



PLACEMENT CLUB

VIDEO ON GROOMING SKILLS

Date : 18th Feb 2024

Grooming is the term used for how people take care of their body, mind and appearance. Self-grooming ranges from Personality grooming to Personal grooming. Grooming is typically defined as activities that include caring for one's well-being and development. Self-grooming also promotes better hygiene.

There is no doubt that personal grooming is crucial for an individual. We have shared this video with the students to make them aware of the tips to improve Grooming Skills.

RECRUITMENT DRIVE WITH PS

Off-Campus Placement Drive with Planet Spark in 1st Week of Feb 2024

General

An Off-Campus Placement Drive was organized with Planet Spark in 1st week of February.

Objective

The primary objective was to provide career opportunities to BCIP students.

Date of event: 1st week of February 2023

Location of event: Virtual / Google Meet

About the Company: PlanetSpark is on a mission to build the next generation of confident speakers and creative writers amongst kids and young adults. It is a Series B funded, global company impacting over 13 countries through live 1:1 personalized classes on Public Speaking and Creative Writing through handpicked top 1% teachers.

Total Students who attended the program: 5 (BPT Students - Batch 2018)

Content of the Workshop:

The Placement Cell of Banarsidas Chandiwala Institute of Physiotherapy organized a recruitment event in the first week of February 2024 with Planet spark to attract prospective students and provide them with facilities and opportunities for personal and professional development.

The student recruitment event spanned over a week, featuring a round of interviews. The interview consists of four stages, namely Group Discussions, Willo Round, Psychometric Assessments, and a final PI Round with the Associate Director.

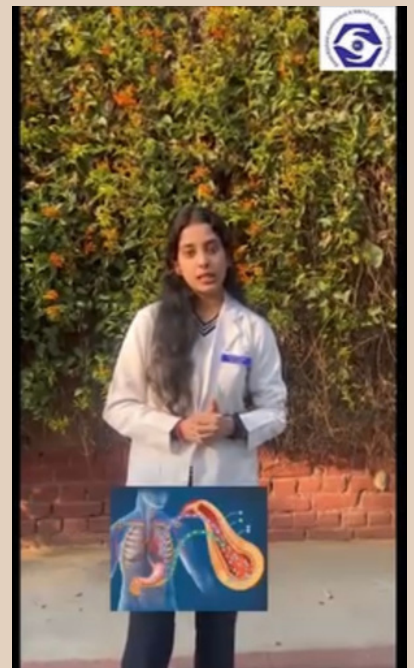
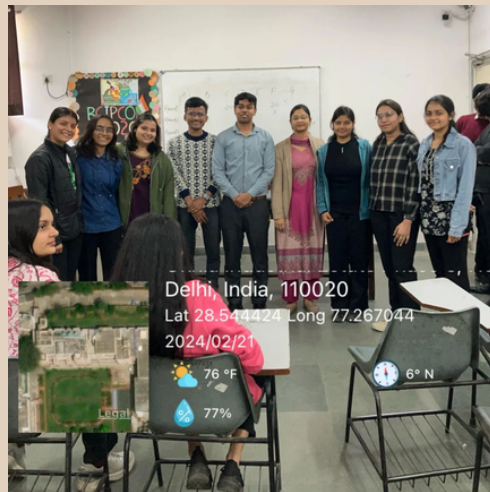
The event provided ample networking opportunities for students to connect with peers and professionals. The event provided students with opportunities to explore internship and job prospects, interact with recruiters, and learn about industry trends and requirements.

The event received overwhelming participation and positive feedback from students. Attendees appreciated the diverse range of activities and opportunities available, catering to their academic, personal, and professional interests. Students gained valuable insights, skills, and connections that will contribute to their personal growth, academic success, and career development.

Out of 5 interested students, 4 reported for the interview round. From the 4 students, 2 have qualified the final interview but they denied the offer by the company due to time constraints



CULTURAL CLUB



WORLD MOTHER LANGUAGE DAY

Date : 21 Feb, 2024

Objective

For the inclusion of mother languages in educational systems to promote inclusive and equitable learning environments.

Date of event: 21 Feb 2024

Location of event: BCIP Campus

Total Students who attended the program:35 (BPT & MPT Students)

Total Faculty Members who attended the program: 4 (Faculty Members & Staff)

Outcome :

Banarsidas Chandiwala Institute of Physiotherapy (BCIP) celebrated World Mother Language Day on February 21, 2024, with fervor and enthusiasm. The event was organized by the Cultural Club of BCIP, aiming to promote linguistic diversity and cultural heritage among the students.

One of the main highlights of the event was the Shabd Prashnotri competition. It was designed as a quiz competition where students from BPT 1st and 2nd year participated. The quiz was centered around the theme of Physiotherapy, based on Indian language (Hindi) aligning with the academic focus of the institute. Each team consisted of two participants.

After an engaging and competitive round of the quiz, the winners of the Shabd Prashnotri competition were announced. Sourabh and Tushar, both from the BPT 2nd year Batch 2022, emerged victorious. Their in-depth knowledge and quick thinking made them stand out among the participants.

World Mother Language Day serves as a reminder of the importance of linguistic diversity and the preservation of indigenous languages. The celebration of World Mother Language Day at Banarsidas Chandiwala Institute of Physiotherapy was a resounding success.

Rare Disease Day

29 Feb 2024

General

Students from Banarsidas Chandiwala Institute of Physiotherapy actively participated in the creation and dissemination of the video content. Their involvement was crucial in highlighting key aspects related to rare diseases, including their types, prevalence, and preventive measures

Objective

The primary objective of the video on World Rare Disease Day was to raise awareness about rare diseases among the general public, focusing on the types, prevalence, and prevention strategies associated with these conditions. The initiative aimed to educate viewers and encourage support for individuals affected by rare diseases.

Video Contents:

The students comprehensively explored various types of rare diseases, ranging from genetic disorders to autoimmune conditions. Through concise explanations and real-life examples, they shed light on the diverse nature of these conditions.

A segment of the video was dedicated to discussing the prevalence of rare diseases globally and their profound impact on individuals and families. Statistical data and case studies were presented to underscore the significance of addressing these conditions.

Emphasizing the importance of early detection and intervention, the students outlined preventive measures and available support systems for individuals living with rare diseases. They stressed the significance of multidisciplinary approaches in managing these conditions effectively.

Outcome:

Following its production, the video was uploaded on various social media platforms, including YouTube, Facebook, and Instagram. By leveraging digital channels, the students aimed to maximize reach and engagement, inviting viewers from diverse backgrounds to join the conversation on rare diseases.

Out of 5 interested students, 4 reported for the interview round. From the 4 students, 2 have qualified the final interview but they denied the offer by the company due to time constraints

Conclusion:

The video on World Rare Disease Day by the students of Banarsidas Chandiwala Institute of Physiotherapy exemplifies their dedication to promoting awareness, understanding, and support for rare diseases. By leveraging their collective expertise and passion, they have made a meaningful contribution to the global effort towards better healthcare equity and inclusivity.



SPORTS CLUB



INTER BATCH BADMINTON COMPETITION

Date : 28 and 29 Feb, 2024

An inter batch badminton competition was organized at BCIP on Wednesday- Thursday, 28th-29th February 2024. The objective of the competition was to boost sportsmanship among students, encourage extra co curricular activities. Other objectives are to promote physical fitness and skill, mental alertness, mind mapping, ethical qualities, constructive social abilities, emotional maturity while providing enjoyment to the participants.

About the Winners

DOUBLES:

GIRLS: Bhavya Saxena & Bhumika Nagpal (2nd Year)

BOYS: Ayush Jakhmola & Sumit Gupta (3rd Year)

SINGLES:

GIRLS: Akansha Sah (2nd Year)

BOYS: Gaurav Bisht (4th Year)

Attendees

Total Students who attended the program : 92

Outcome

- The sports witnessed intense matches, with students demonstrating remarkable teamwork and sportsmanship.
- Medals and certificates were awarded to the students
- Beyond promoting physical fitness, this event plays a pivotal role in fostering qualities like determination, teamwork, and leadership in our students.

Conclusion

Inter batch badminton competition boost the sportsmanship and promote social interaction and physical fitness among students. It was a breathtaking event with a mass participation.

VIDEO ON OKC V\ S CKC EXERCISES

Date : 28 Feb, 2024

OCK & CKC are different form of exercises which are used in different aspect and to aware, students of the sports club created video about OKC v\ s CKC exercises.





ALUMNI CLUB

E- POSTER ON HEART FAILURE AWARENESS

Date : 17 Feb, 2024

Students of Banarsidas Chandiwala Institute of Physiotherapy created an awareness E-Poster on Heart Failure. E-Poster was created by the students of Alumni club in which they explained the various prevention ways of Heart Failure

SOCIAL MEDIA REPORT FOR THE MONTH OF FEBRUARY 2024

S. NO.	Date	Event	Details	Source	Platform	Pictures
1	4-2- 2024	Poster	World cancer day	Social media club	Facebook, Instagram, LinkedIn	
2	5 -2-2024	Poster	BPT & MPT admission registration	Admission	Facebook, Instagram, LinkedIn	
3	6-2- 2024	Poster	Workshop (electrotherapy equipment demonstration)	Clinical club	Facebook, Instagram, LinkedIn	
4	7-2- 2024	Photos	E-waste management community survey	Eco club	Facebook, Instagram, LinkedIn	

5	9-2- 2024	Photos	Workshop (electrotherapy equipment demonstration)	Clinical club	Facebook, Instagram, Linkedin	
6	11-2- 2024	Poster	Basant Week	Eco-club	Facebook, Instagram, Linkedin	
7	15-2- 2024	Video	Tour transformative experience for students at the srcm heartfull meditation centre (Delhi)	Eco-club	Facebook, Instagram, Linkedin	
8	16-2-2024	Photos	Tour transformative experience for students at the srcm heartfull meditation centre (Delhi)	Eco-club	Facebook, Instagram, Linkedin	
9	17-2-2024	Photos	Tour transformative experience for students at the srcm heartfull meditation centre (Delhi)	Eco-club	Facebook, Instagram, Linkedin	
10	17-2- 2024	Poster	Heart failure awareness	Alumni club	Facebook, Instagram, Linkedin	

11	18-2- 2024	Video	Personality development	Placement cell	Facebook, Instagram, LinkedIn	 <p>BANARSIDAS CHANDIWALA INSTITUTE OF PHYSIOTHERAPY MAA ANANDMAI MARG, KALKAJI-110019</p> <p>STUDENT GROOMING TIPS</p> <p>NEATLY DRESSED</p>
12	19-2- 2024	Poster	अन्तर्राष्ट्रीयमातृभाषादिवस	Cultural club	Facebook, Instagram, LinkedIn	 <p>बनारसदास चण्डीवाल इन्स्टीट्यूट ऑफ फिजियोथेरेपी जीपीएसआरडीएम संकट माँ आनंदमई मार्ग, कलकजी, नई दिल्ली - 110019</p> <p>द्वारा आयोजित अन्तर्राष्ट्रीय मातृभाषा दिवस के अवसर पर शब्द प्रश्नोत्तरी</p> <p>विषय-भौतिक चिकित्सा (सभी शब्द फिजियोथेरेपी से संबंधित होंगे)</p> <p>21 फरवरी, 2024 दुपहर स्थान- बी.सी.आई.पी.</p>
13	20-2- 2024	Poster	Blood donation Camp	Placement cell	Facebook, Instagram, LinkedIn	 <p>BANARSIDAS CHANDIWALA INSTITUTE OF PHYSIOTHERAPY AFFILIATED TO GOSIPU MAA ANANDMAI MARG, KALKAJI, NEW DELHI - 110019</p> <p>ORGANISING BLOOD DONATION DRIVE IN ASSOCIATION WITH RED RIBBON CLUB</p> <p>Supported By Delhi State AIDS Control Society Genes of NCT Delhi HIV/AIDS Helpline - 1097</p> <p>22 FEBRUARY, 2024 BCIP CAMPUS, 9:30AM - 5:30PM</p> <p>Event Coordinator Dr Avi Choudhary +91 9717763533 www.bcip.ac.in</p>
14	22-2- 2024	Photos	Competition	Cultural club	Facebook, Instagram, LinkedIn	 <p>Delhi, India, 110020 Lat 28.6°N Long 77.267043 2024/02/21</p>
15	23-2- 2024	Photos	Blood donation Camp	Placement cell	Facebook, Instagram, LinkedIn	 <p>Near Delhi, Delhi, India Banaridas Chandiwala Institute of Physiotherapy, Old Industrial Estate, New Delhi, India 110019 Lat 28.6282°N Long 77.2670°E</p>

16	23-2- 2024	Video	Blood donation Camp	Placement cell	Facebook, Instagram, LinkedIn
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17	23-2- 2024	Poster	Bpt & mpt admission registration	Admission	Facebook, Instagram, LinkedIn
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18	25-2- 2024	Photos	Basant week cleanliness drive visit	Eco-club	Facebook, Instagram, LinkedIn
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19	26-2- 2024	Poster	Inter-batch badminton competition	Sports-club	Facebook, Instagram, LinkedIn
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20	27-2- 2024	Poster	E-poster competition on national science day	Entrepreneur development cell	Facebook, Instagram, LinkedIn
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21	28-2- 2024	Poster	Awareness about rare disease day	Cultural club	Facebook, Instagram, LinkedIn	
22	29-2- 2024	Video	Ckc & okc exercises	Sports club	Facebook, Instagram, LinkedIn	
23	29-2- 2024	Video	Awareness about rare disease day	Cultural club	Facebook, Instagram, LinkedIn	

STUDENT CORNER



By : Varun BPT 1st Year



By : Tanishi BPT 3rd Year



By : Prashansa Gupta BPT 1st Year



By : Saloni Rawat BPT 3rd Year

STUDENT CORNER



By : Vibha Kumari BPT 1st Year



By : Mehak Suyal BPT 1st Year

PHYSIOTHERAPIST

Physiotherapist does magic indeed
Pain in the joint
turns pleasant to feel.

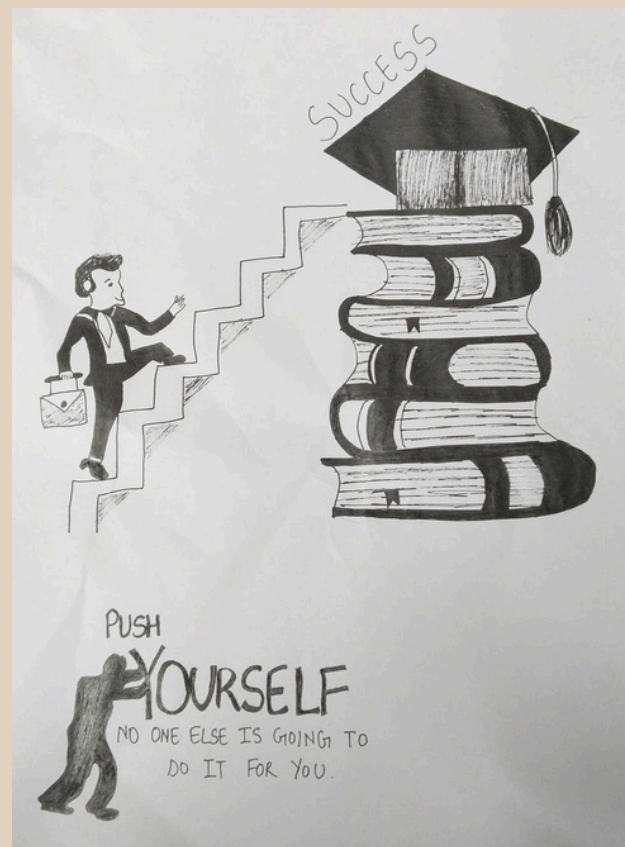
Pain knows how
to turn one most
therapist knows
how to apply the
cure.

He presses the muscles
He twists the joint
Precisely knowing
The limits to restore.

A natural disorder
or a surgical repair
Needs the therapists
and his gentle care.

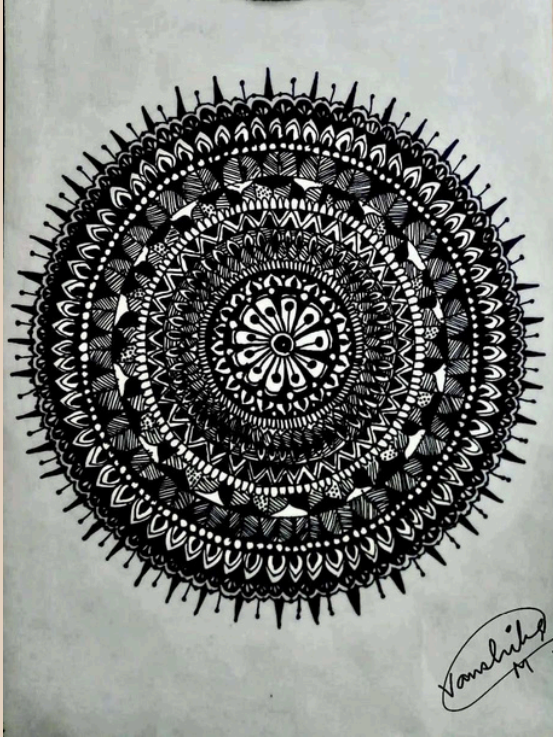
Every profession
Adds value of its own
A physiotherapist
Plays an important role.

By : Arusha Kurup BPT 1st Year



By : Arusha Kurup BPT 1st Year

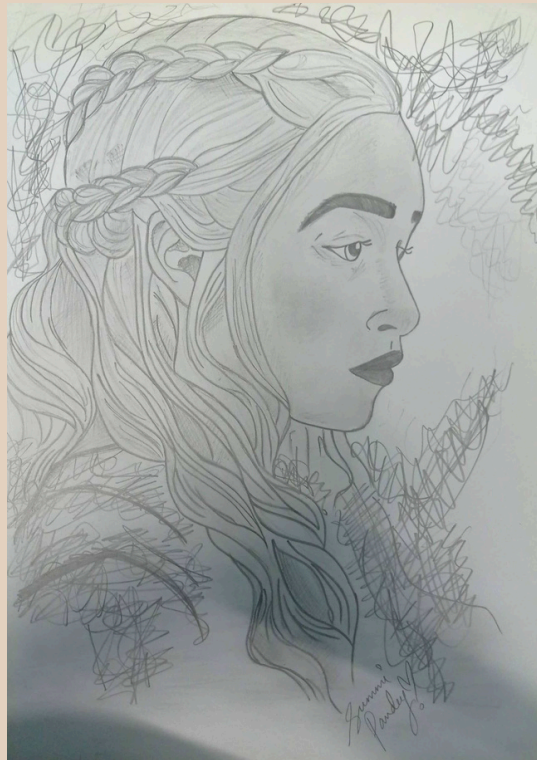
STUDENT CORNER



By : Vanshika Malhotra BPT 1st Year



By : Tannu Vashist BPT 3rd Year



By : Summi Pandey BPT 1st Year

STUDENT CORNER



By : Anshika Raghav BPT 1st Year

STUDENT CORNER

**In laboratories of wonder, where minds ignite,
Science dances with stars in the cosmic night.
A symphony of atoms, a ballet of cells,
In the poetry of science, a tale of what dwells.
Microscopic whispers, in the language of codes,
Genetic sonnets, where life's story unfolds.
Newton's apple falls, in gravity's embrace,
A poetic rhythm, in the vastness of space.
Particles pirouette in the collider's ballet,
Quantum verses, where realities sway.
Chemical sonnets, in reactions unseen,
A poet's dream, in the scientist's keen.
Galaxies sing, in a cosmic choir,
Black holes hum tunes, in a celestial lyre.
Einstein's verses, equations align,
In the poetry of science, the universe signs.
Through lenses and telescopes, we explore,
Nature's stanzas, in every wild uproar.
In the laboratory's hush, where knowledge unfurls,
Science, the poetry that governs our worlds.**

By Riya Sachdeva
BPT 3rd Year

STUDENT CORNER

In realms of atoms, secrets untold,
Microcosmic dances, a story to unfold.
Particles waltz in quantum ballet,
Uncertainty's rhythm in a cosmic ballet.

The cosmos, a canvas, vast and profound,
Galaxies swirl, a celestial playground.
Einstein's equations, a symphony of space,
In gravity's embrace, celestial grace.

Newton's apple, a fall in slow motion,
Laws unfold with meticulous devotion.
Planets in orbit, a cosmic design,
Science unveils nature's grand design.

DNA's dance, life's coded song,
A helical ballet, enduring and strong.
Evolution's script, written in genes,
Nature's masterpiece, in myriad scenes.

Microscopes peer into the unseen,
Cells dividing, life's constant sheen.
Chemical bonds in a delicate dance,
Molecules waltzing, a molecular trance.

In the laboratory's controlled domain,
Experiments dance, knowledge to gain.
Scientists quest, seekers of truth,
In the pursuit of wisdom from their youth.

From the atom's nucleus to galaxies afar,
Science reveals the universe's memoir.
A poetic ode to the quest for knowing,
In the vast cosmos, curiosity's showing.

So, let's celebrate the scientific art,
Unveiling mysteries, a noble part.
In laboratories and under the starry expanse,
Science, the poetry of the cosmic dance.

STUDENT CORNER

REGRET

I can't say I hate you because I don't
I can't say I love you because I won't
What I will say is if you only knew
If you only knew what you put me through
If you only knew how many times I cried thinking of you
The hell you drew me into
The pain you caused as you lied, denied and pushed me aside
I was always the first to know if you were okay
I pushed everyone okay, I helped make your day
I'm the only one cared for you being okay
You stabbed back and ambushed my way
But, if you only knew I was drowning, shouting, crying and denying
Thinking you could ever be mine for the time
The fact that I still care
Even if I was just a dare.

By : Prateek Beniwal

BPT 1st Year

STUDENT CORNER

**Some memories are always be live
in front of our eyes**

**Until we realize its gone and its
just a sting our heart ties...**

**The moments are to be lived again,
the sting demises and goes in vein**

**More beautiful ones will follow
filled with love in a**

Heart that went hollow...

The strings not broken

Its wrapped around stronger,

For a bond forever

Or maybe much longer...

By : Anshh Sachdeva
BPT 1st Year

STUDENT CORNER

**In your quest for my heart, you sought change's embrace,
Asked if I'd mold my life, its every twist and grace.
I'd burn in passion's flame, a sacrifice so true,
In the fire of devotion, for you, I'd gladly strew.**

**To perish for your love, I'd embrace the cold night,
Yet a sage's words echo, urging self in the light.
"Prioritize yourself," his wisdom gently sings,
A reminder to cherish my own soul's wings.**

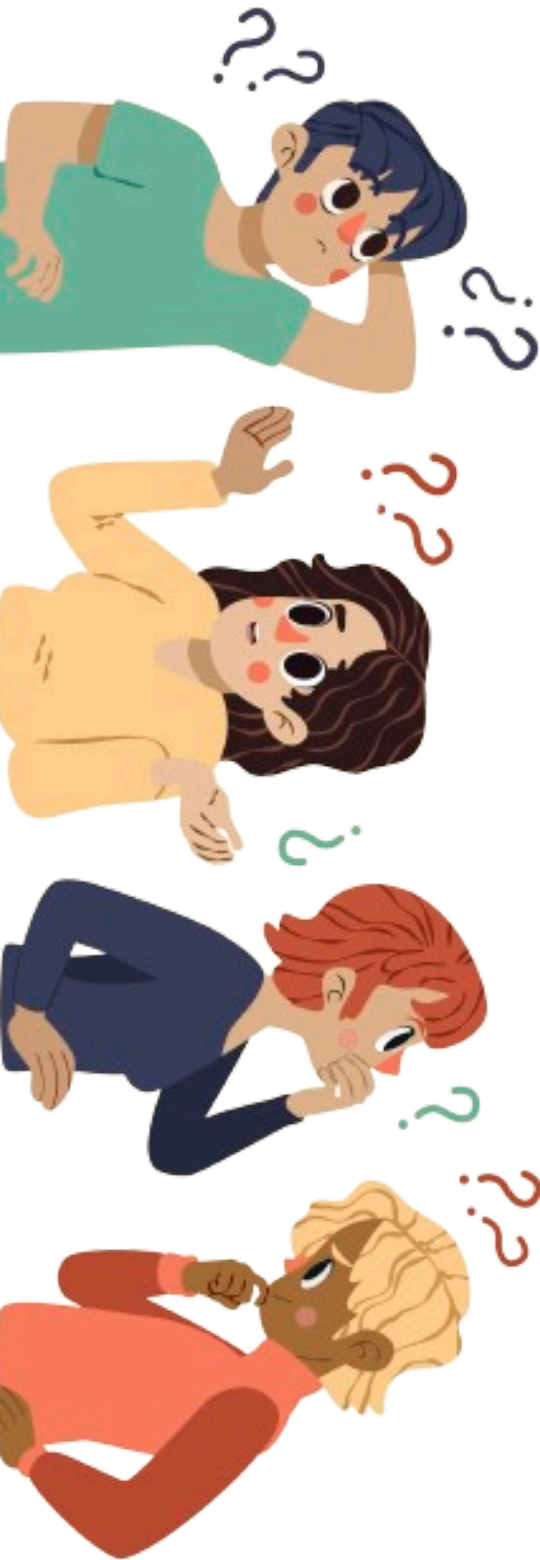
By : Hamd Sana BPT 3rd Year

You are learning EVERYDAY... EVERY MOMENT Either Bad or Good it's
always you DAY!! This is LIFE, sum of DIFFERENT PHASES!

Living this life till now we have understood one thing that it's not the same everyday. With every new day there comes different experiences and learnings thus this life has its own phases. Childhood is the best phase we all have lived, agree? Because as a child our expectations are low, our tension level is low, and serotonin level is high. Growing up this life changes its colours everyday. Some days are happy, some days are disappointing, some days are annoying, some days are neutral. But with everyday we understand this world more. Teenagers have phase of odd and evens. The phase where they are learning so much about this world. Knowing this world equally has love and betrayal. Learning to prove themselves, hustling to achieve a goal. Adults have phase of self understanding. They learn what they want from this life. A phase of searching peace, a phase of solitary. But the phase of love, heartbreak, and self love remains common between adults and teenager. But among these phases, the most important one is the phase of self believe. And this just comes with our daily hustle routine. We all are hustlers and have different stories. Therefore, our life is our story and this has got many phases and experiences to live because the end result is always worth it. We all should be proud of ourselves seeing how amazingly we have lived our lives yet.

By Sandhwi Ranjan
BPT 1st Year

Riddles



1. I am a word of letters three, Add two and fewer there will be. What am I?

2. I fly without wings, I cry without eyes. Wherever I go, darkness follows me. What am I?

3. I speak without a mouth and hear without ears. I have nobody, but I come alive with the wind. What am I?

4. The more you feed me, the stronger I get. What am I?

5. I have keys but open no locks. I have space but no room. You can enter, but you can't go inside. What am I?

6. I am taken from a mine, and shut up in a wooden case, from which I am never released, and yet I am used by almost every person. What am I?

7. I am a jumbled art, a source of cheer, I may bring laughter or a joyful tear. What am I?

8. I can be cracked, made, told, and played. What am I?

9. The more you take, the more you leave behind. What am I?

10. I am a tiny, golden treasure, that can fulfill any desire. What am I?

By VARUN SHRIDHAR

BPT 2 YEAR

BCIP TODAY



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