

# Webinar On Recent Advancements In Hamstring Injuries

03/10/2022

**Objective:** To help students and professionals learn the recent advancements in hamstring injuries management.

## Description:

BCIP organized a webinar on Recent Advancements in Hamstring Injuries on Zoom platform on Monday, 3<sup>rd</sup> October, 2022. It was Coordinated by Dr Davinder Kumar Gaur and Ms saloni of clinical club of BCIP. The participants from various colleges attended the webinar including Delhi NCR, Gujarat, Mumbai, Assam, U.P. including graduate and post-graduate students.

The Speaker, Dr Sai Kishore, Assistant Professor, Saveetha Institute of Sports



Medicine & Sports Science, Chennai was introduced by Ms Saloni and the webinar started around 2.0 PM. Sir enlightened the audience with the basic concepts regarding the injury and explained the human muscle physiology through a video demonstration. The demographic data, pathophysiology, epidemiology, Mechanism of Injury, risk factors, types, diagnosis,

rehabilitation and return to sports were discussed by the speaker.

The event was well appreciated and queries related to sports rehab of acute hams injury on field, risk factors evaluation, and return to sports were common among the audience. Over 60 participants attended the event.

The event had educated the audience about Hamstring Injuries in detail. Dr Sai Kishore the eminent speaker of the session was extended a warm vote of thanks by the organizers towards the end.