



Banarsidas Chandiwala Institute of Physiotherapy

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International day of epidemic preparedness on 27th December 2023 – Awareness Video

Objective – Creating a video on epidemic preparedness and awareness is a great way to educate and inform the public about the effects of epidemics and the crucial role of awareness in mitigating their impact


Date – 27th December 2023

Banarsidas Chandiwala Institute of Physiotherapy has prepared a awareness video on epidemic preparedness under supervision of Dr. Jyoti Kataria on 27th December 2023 at BCIP. Video comprises brief introduction of topic and its relevance. Highlighted the importance of being prepared for epidemics, Showcase past epidemics and their effects on communities.

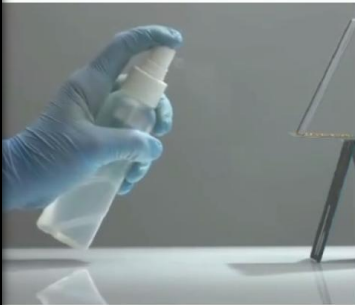
Highlight the importance of public awareness in epidemic prevention and control.

- Discuss how misinformation can exacerbate the impact of epidemics.
- Stress the role of community engagement and communication.
- Outline key strategies for epidemic preparedness at the individual, community, and governmental levels.
- Discuss the importance of early detection and rapid response.

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Epidemics have devastating impacts on human lives, wreaking havoc on social and economic development.... See more



By highlighting the importance of **preparedness**, this day aims to prevent or mitigate the impact of future health crises.

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Preventive measures People can take

How to prepare for an epidemic?

Assess and plan

Since epidemic threats and transmission can occur through air, water, food or any other vector such as mosquitos or ticks, we should stay informed on these threats through our local and national health authorities

Reduce risks

Practice good personal hygiene and sanitation, keep food and drinking water clean with safe storage, and follow social distancing guidelines and other advice from health authorities in our country.

SOCIAL DISTANCING
2 METERS

Prepare to respond

Use personal protective equipment (PPE) such as facemasks, clean and disinfect surface in our home, and learn how to recognise symptoms.

WEAR **DISINFECT**

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The primary goal of this day is to emphasize the importance of

- RESEARCH
- PREPAREDNESS
INFRASTRUCTURE
- INVESTING IN
HEALTH SYSTEMS



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