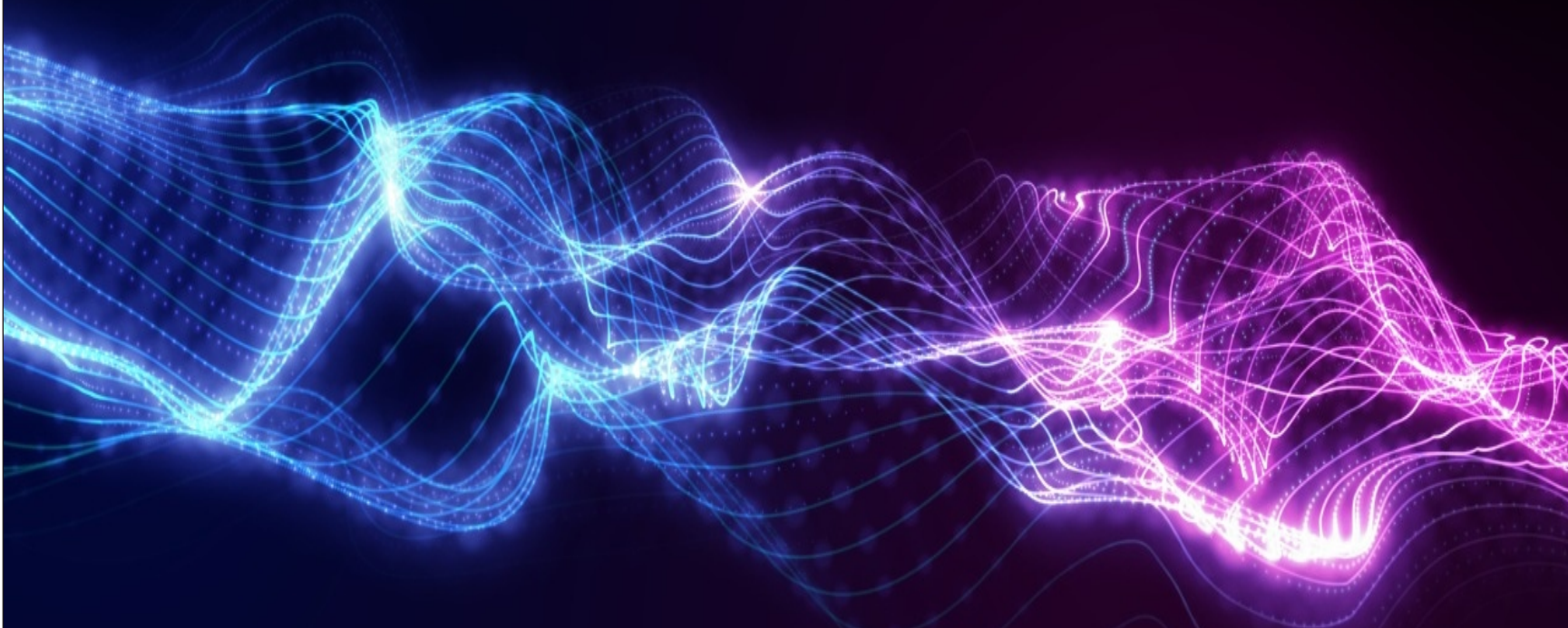


FIRST EDITION

# ELECTROTHERAPY WorkBook



**Ms. Nidhi Kalra**  
**Ms. Avi Choudhary**  
**Mr. Mohd. Asif**

**Banarsidas  
Chandiwala  
Institute of  
Physiotherapy**



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Nidhi Kalra, Officiating Incharge (Associate Professor), of the institute is a graduate from IRMAS, GGSIP University and has done Master of Physiotherapy- Orthopedics from CCS University Meerut. She has also done P.G. diploma of one year in PPHC (Preventive and Promotive health care, Apollo Hospital) & attended manual therapy courses. She is registered with Delhi Council of Physiotherapy and Occupational Therapy and is also a life member of Indian Association of Physiotherapists She has worked with various corporate like POWERGRID & has also treated eminent personalities like Ex-Delhi CM, Smt. Sheila Dixit. She has over 13 years of professional experience. She has attended & organized various national and state level conferences and workshops. As Officiating Incharge, she looks after the Institute's academic and administrative activities as a whole. She has over 30 research articles published in National as well as International journals.

Avi Choudhary is a graduate from UCTBMS, HNB Garhwal University, Dehradun, being a topper of her batch. She has done her MPT (Neurology) from Banarsidas Chandiwala Institute of Physiotherapy, GGSIPU, New Delhi, being the topper of her university. She has 5 years of Academics experience. She has also worked with kure medical system as an application specialist for 1 year on part time basis. Presently, She is coordinating BPT Program at then Institute and also looking after the Placement cell. Additionally, she is also a member of ED Cell of BCIP. She has attended various conferences, workshops and seminar to enhance her knowledge. She has organized conferences, workshops and seminars in the college. She is registered with Delhi Council of Physiotherapy and Occupational Therapy. She has presented posters and papers in various conferences. She has published various research articles in national and international journal.

Mohd Asif is a graduate from Jamia Hamdard University, New Delhi and has been awarded the Master in Physiotherapy (Sports) from the same University. He has been the topper of university. He is also certified in Kinesio tapping, Dry Needling, Ball and Bands rehabilitation, Sports PNF Technique, Cupping and Manual Therapy. He has more than 6 years of Academics and 2 years of Clinical experience. He is registered with DCPTOT. He has attended several national and international level workshops and conferences. He has presented several posters and papers in various conferences. He has also been a member of organising committee of several national and international conferences. He has been a guide to many undergraduate and post graduate students and also has many articles published in National and International renowned journals.



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